



# YESS! School-based Therapy

## 5-part webinar series

*Mental health tips to help students, parents, teachers and all school employees*

Programs will be held the last Tuesday of the month and will begin at 6:00 pm. Each Webinar is scheduled for 40 minutes of content plus 10 minutes for a Question and Answer session.



### Returning to School and managing COVID related mental health concerns

**September 28, 2021 - 6:00 pm**

*Presented by:*

Jason R Frei, LCSW, MPA, Clinical Coordinator/Psychotherapist and Julie Morgano, LCSW, School-Based Psychotherapist

### Holidays, Kids, and mental health

*Dealing with school refusal and social anxiety*

**November 30, 2021 - 6:00 pm**

*Presented by:*

Joseph Cavanagh, LCSW, School-Based Psychotherapist and Nicolle Graaf, MA, LPC, School-Based Psychotherapist

### New Year, New You

*Tips for families and teachers to make emotional resolutions that will stick*

**January 25, 2022 - 6:00 pm**

*Presented by:*

Andrea Wetzel, LPC, School-Based Psychotherapist and Carmen Tirado-Guzman, MA School-based Psychotherapist

### Spring Fever

*Virtual learning vs in person learning and how to recognize when your child may need more help than you can provide in the classroom and with their emotional wellness*

**March 29, 2022 - 6:00 pm**

*Presented by:*

Julie Morgano, LCSW, School-Based Psychotherapist and Angelina Moncoeur LBS, LPC, School-Based Psychotherapist

### Summer planning for depression, anxiety, self-care

**May 31, 2022 - 6:00 pm**

*Presented by:*

Melissa Appleby, LPC, NCC, School Based Psychotherapist and Kelly Kowalewski, LCSW, School-Based Psychotherapist

To register for a session, please visit [www.sluhn.org](http://www.sluhn.org) and search the Events Calendar for the session you wish to attend.

**St Luke's**  
Behavioral Health  
Services